

Miraculous Medicinal Wonders of Zamzam

By: Qazi Dr. Shaikh Abbas Borhany Al Waleed

Ph.D. (USA), NDI, Shahadat al Aalamiyah (Al Hawzah, Najaf, Iraq), M.A, LLM (Shariah)

Musheer: Fed. Shariat Court of Pakistan

Member: Ulama Council of Pakistan

Chairman: The Guardian Pakistan

The Writer is Attorney at Law and a Religious Scholar

Website: www.durrenajaf.com

Academia: <https://durrenajaf.academia.edu/DrQaziShaikhAbbasBorhany>

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Contact for spiritual help: najafspiritualcenter@gmail.com

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Rasulullah(S) used to carry Zamzam in water-bags to Madinah. He used to sprinkle it over the sick and offered them to drink it [2] with the intention of cure. A Hadith says:

“Zamzam is a Barakah, food that satisfies and a cure for the sick.”

It was Sayedna Abizar (ra) who expressed his personal experience to his Lord, Rasulallah(S) when he was asked about his diet. He informed:

“I spent 40 long days with Zamzam. I do not feel any kind of weakness or hunger, nor have I become slim.”

Rasulallah(S) declared:

“Verily, it is blessed; it is a food that nourishes.”

A Hadith quoted by Sayedna Jabir bin Abdullah al Ansari (ra) says:

“With whatever (legal) intention, you drink it, your wish is fulfilled. It is a cure for numerous diseases as per the divine will, so you should have the intention of what you want to gain, by drinking this water.”

Abbas (ra) informed:

“Before the dawn of Islam, Zamzam was known as Shabaah (satisfaction). When he drank from Zamzam”, he recited this Dua: “O Allah! I ask you for beneficial knowledge, plentiful provision, and healing from every disease.”

It is applied to the eyes to brighten the sight. Zamzam is considered to help students in the correct pronunciation of Arabic in the non-Arab region.

Miracles explained by a few individuals:

1). A Yemeni Shaikh was fond of reading the small size Qur’an. As he became old, he found that he couldn't read easily from that small size Qur’an because of his sight was getting weak. On hearing about Zamzam and its advantages, He came for Haj and drank from the Zamzam. His vision improved, and he started reading from that small Qur’an quickly and without any vision problem. He achieved what he wanted because he was confident of the divinity of Zamzam and had deep faith in its power of healing.

2). Yusria Abdel Rahman al Harazi, a Yemeni lady, narrated: She was affected by a crimson ulcer, in the eye. She suffered severe headache, which could not be cured by any medicine. She was about to become blind in the affected eye. She consulted a famous eye specialist, who

advised her, an injection, which would stop the headache but would dysfunction the affected eye and consequently she would lose her sight. Yusria got frightened, but she believed in the mercy of Allah. She then made up her mind to perform Umrah and beg Allah for cure. She came to Makkah and performed Taw'af and washed her eyes with Zamzam. When she came back to the hotel, she found that her affected eyes were cured and the crimson ulcer was gone.

3). Dr. Faruq Antar, tells his own experience: He had a stone in his ureter, and the doctor could not remove or destroy it without operation. But he postponed the surgery two times. Meanwhile, he performed Umrah and offered Dua to cure him without undergoing an operation. He drank Zamzam water and offered two Rak'at. Then he felt a belching spasm in his ureter and hurried to the toilet and by the grace of Allah, he saw the miracle. The stone had come out, and he was cured without operation. The doctors who were treating Dr. Faruq were surprised at this sacred treatment.

4). Layla al Helw, a Moroccan lady, says:

"Nine years ago, it was revealed that I had breast cancer. I was not religious, so I decided to commit suicide, but it was my destiny that my illness became the cause of my emancipation and a source of inspiration to a lot of people like me. I went to Belgium for advance treatment. A specialist recommended to my husband that the removal of my breast was indispensable. I requested the consultants to suggest another medication course. As per suggestion, I followed the treatment, and since there was no serious side effect, it made me pleased. I thought; maybe the doctors were wrong, and I didn't have cancer. However, after about six months, I started losing weight quickly, my color started to change, and I had continuous pain. My Moroccan doctor advised me to go back to Belgium, and I followed his advice. The Belgian doctors told my husband that the disease had spread all over my body, and they have no hope in my case. Doctors advised:

"You better take your wife back to your home so that she can die peacefully at home!"

We went to France for treatment. The answer was the same as the Belgian doctors. Finally, we decided to enter the hospital to remove my breasts through surgery. However, my husband thought of something that we had forgotten. He suddenly asked me to perform Umrah. I bought a Qur'an from Paris, and we left for Umrah. I was thrilled because it was the first time I would be visiting the Kaabah.

When I entered Al Haram and first saw the Kaabah, I cried a lot because; I regretted on all the past years I had spent, without Salaat. I repented:

"O, Lord! The doctors are unable to cure me. You have the cure for every disease; all the doors are locked in front of me. I have nothing left to seek except your door, so please, O my Lord! Don't close your door on me."

I kept on repeating my Dua while I was offering Taw'af. I asked Allah not to disappoint me or send me back with empty hands. I consulted the Ulama over there and requested them to guide me to the book of Dua that is easy to read. They guided me to read as much as I can from the Qur'an. They also guided me to drink Zamzam until the water reaches ribs. They also advised me to do Zikar of Allah a lot and recite Salaw'at. In Kaabah, I felt a pleasant peace and relieved. I requested my husband to allow me to stay inside the Haram, as long as possible.

In the Kaabah, there were some Misri and Turkish sisters beside me, who saw me crying a lot. They asked me about the reason. I told them that I had cancer and have found no place for the cure and that I have come here with full conviction. They also accompanied me, and we spent time in Taw'af, 'ibadah and Tilawat. The upper part of my body was swollen and filled with pus. Those sisters recommended me to pour Zamzam on the affected area for the cure, but due to the fear of unbearable pain, I did not follow their advice. On the fifth day, my friends insisted that I should pour Zamzam on my upper part of the body for Shifa. In the beginning, I refused, but I felt something forcing me to do it. I slowly started powering the Zamzam on the affected parts, later on; I pushed my hands to pass on my upper part and through my breasts. Something unbelievable happened. There was no swelling, no blood, and no pus. I couldn't believe what I felt. I went through my upper part again, and it was true. I shivered.

I cherished that Allah has full command to do anything what so ever. I asked one of my friends to touch my body with her hand and look for the swelling, which she could not detect. They all spontaneously shouted, Allahu Akbar, Allahu Akbar. I ran towards my husband in the hotel. I told him of what happened, and he couldn't believe it. Tears rolled down from the eyes of both of us. Her husband said, do you know that the doctors told me that you would die within three weeks only? Her husband said, all the fortune is under the command of Allah. No one knows what the future is holding for us except for Him. We stayed in the Kaabah for one week.

I performed Salaat al Shukar for uncountable Naimah of Allah. Then we rushed to Masjid al Nabawi and performed Ziyarah. Afterward, we flew to France and met our doctors. They were surprised at what had happened.

"Are you the same person?"

They asked me. I was very proud to say:

"Without any doubt, yes, and this is my husband. We have returned from the house of Allah". They admitted that mine was an extraordinary and unbelievable case. It is a miracle. They examined me again and found nothing. I remembered Rasulullah(S) and cried a lot. I cried regretting all that I had missed in my past life. I missed the love of Allah and His Rasul(S). I cried for the time I had wasted away. I ask Allah to forgive me, my husband, and all Muslims.

A few benefits of Zamzam

Zamzam is a blessed water body, which quenches the thirst of people across the globe, especially the Hujaj who travel to Mecca and Madinah for Haj. Zamzam water is known for its purity, cooling, and refreshing nature and quenches thirst features. It is associated with Ibrahim (as), Ismail (as), Hajar (as), and Muhammed (S). The well of Zamzam water is situated in Makkah and few meters east of Kabaah. The well is 35 meters deep. Rasulullah(S) says:

It is just like food and has the power to cure sickness.

The German scientist Dr. Knut Pfeiffer, the head of the largest medical center in Munich, has studied and concluded:

"Zamzam amazingly increases the energy levels in the cell systems of the body."

Hardly any water body present in the world except Zamzam which is free of germs and bacteria.

Dr. Yahya Koshak, an expert on Zamzam, studied:

"The water doesn't contain any contaminants. It has been treated by ultraviolet rays and found that there is no possibility of finding bacteria in this revered water. Zamzam water

cures all sickness."

It is the purest form of water on the Earth because of its containing of adequate amount of bicarbonates (366mg/l), which is even higher from the French Alps water (bicarbonates-357mg/l).

Abundant with Calcium and Magnesium: Zamzam is of healing nature. It contains the required amount of Ca and Mg. It is germicidal in nature because of its fluorides presence. These facts have been proved scientifically. Increases blood platelets: Zamzam water fasting helps to increase blood platelets, increases the immunity of the body, increases WBCs, RBCs, and detoxify the body.

Weight loss: It reduces the impacts of hunger.

Helps in Weight gain: Regular intake of this fantastic liquid helps to nourish the body and may also increase your body weight.

Increases eye vision: Applying this water over your eyes helps to brighten the eyesight. Washing your eyes with this holy water is also helpful to cure many eye-related disorders. Reduce acidity and heartburn: The water is alkaline in nature, which neutralizes the excess acid formed in the stomach, thus beneficial for hyperacidity and indigestion.

Some facts of Zamzam

- i). Rasulallah(S) used to sprinkle this water over the sick in illness.
- ii). It helps to correct the pronunciation of words thus beneficial for students.
- iii). It is a cure for diseases and disorders, informed Sayedna Jabir bin Abdullah al Ansari (ra).
- iv). Drinking this water helps to fulfill your intention whatsoever you have.
- v). The Zamzam well is situated within the Masjid al-Haram in Makkah.
- vi). Muslims believe that the water is blessed and one of the best gifts to be offered.
- vii). It has been found that water has a curative effect.
- viii). It is suitable for thyroid patients as it has a sufficient amount of iodine.
- ix). The water contains fluorides, which have germicidal action.
- x). Nutritional Facts: The nutritional value of the water in mg/L is as follow: Sodium (133), calcium (96), magnesium (38.88), potassium (43.3), bicarbonate (195.4), chloride (163.3), Fluoride (0.72), nitrate (124.8), sulfate (124) and total dissolved alkalinity (835).

Translated from Arabic article: "Those Who Repented To Allah," by Ibrahim Abdullah Al Hazemy, Morocco.

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