

Etiquettes of Conjugal Pleasure in Islam

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1. Manners of marital joy in Islam:

During the era of Rasulullah (S) women were not hesitant to ask questions on the matters of their Private Life. In the matter of Shariah one should not feel shy to ask, including sexual matters, so as to know, and educate themselves about the injunctions of Islam on these matters. One of the wives of Rasulullah(S) testified: [1]

"Blessed are the women of the Ans'ar, shyness did not stand in their way of seeking Education about Religion"

It is against the larger interest of the youngsters to create Taboos and hide Shariah provisions pertaining to any aspects of life. If anyone wants to learn anything related to Shariah laws, he should not feel ashamed rather has to seek Education in the various fields, without any hesitation. May Allah forgive me by Wasilah of "Ibadehil-Lazin-Astafa", for raising this topic: "Etiquettes of Conjugal Pleasure in Islam", which is very sensitive and very private. May be, some people would not like to discuss on this topic. Youngsters nowadays are asking about these matters and it is not only a Sunnah but a duty to spread the Education of Islam.

People, amazed with materialistic innovations, are deprived of legal family life. Legal family life means the 'Right' approach to enjoy pleasure of sex. Western civilization has destroyed the values bestowed by religions. The most important issue on which people avoid discussion is Sex. This word becomes taboo. From all corners, literature on Sex is available, but if one tries to learn, it is not difficult to get from the Canon sources of Islam. Qur'an provides us guidance on each topic, and sex life is no exception. Following Ayaat deals with the topic of sex: [2]

"(Man) was fashioned from a liquid poured out. It issued (as a result) of the conjunction of the sexual area of the man and the sexual area of the woman"

Sex in married life has been openly recommended in Qur'an: [3]

"When they [i.e., the wives] have cleansed themselves [after menstruation], you go into them as Allah has commanded."

Increasing ratio of spreading Sex diseases in Muslim countries is a matter of shame. This curse resulted due to the blind following of the alien ideologies and philosophies. Freud and his followers are worshippers of sex and philosophy repugnant to Islam generated destruction in the form of free sex culture. AIDS and Hepatitis like diseases are the outcome of this curse. Only

a single attempt of an illegal sexual relation may ruin the child's health forever. All societies which neglect concept of morality and chastity suffer from diseases, spiritual, physical and mental. Due to fornication or rape numbers of illegitimate children are increasing. Parents should first learn and then teach their children culture and history of Islam.

Suitable sex education can only be given if the correct messages are being sent explicitly and perfectly by parents. Broad minded atmosphere is the need of the time, while rigidness creates suffocation and pollution. Attitude of parents plays a vital role in building character of children. It is necessary that in the presence of children parents should act with each other with decency. It is the responsibility of parents to monitor the activities of children. They teach them in a way that child can understand well what is Right and Wrong or legal & illegal. Liberty could be given to the children but surely with certain reservations and under supervision. Dating should not be allowed. They should explain them not to engage in pre-marriage sex. They need to frequently discuss topics like menstruation, sexual changes in adolescents, Taharah after various types of un-cleanliness associated with sex also. If you feel uncomfortable to discuss sex with your child, take the help of your dearest one who can communicate teachings of Islam regarding sex to your child. The Community institutions can be helpful in this regard; it provides a place to know each other.

It is required to offer pre-marriage Sex Education to mature boys & girls to prepare them for the role of father and a husband and of mother and wife. It is need of the time to remove the taboo of sex as a subject. If parents guide their children basic religious information regarding sex, it would be helpful to build healthy Muslim society. In current era, it is not possible for parents to keep a strict eye upon their children. Electronic media is spreading vulgar culture, which increase breeding of crows and vultures but not falcons of high skies.

2. Necessity of Sex Education of Islam:

Islam is a scientific, systematic and perfect religion, which guides human being in each subject that touches human life. Rasulallah (S) guides the Ummah in all areas, but unfortunately Muslims overlook many topics. When such issues come under discussion, it is realized that we have lost our heritage. It is not known why in our Society a most important subject like sexual morality of Islam has been considered a forbidden-tree. To overlook or neglect this topic means to neglect and overlook the Shariah. To ignore the guidance of Shariah means 'Khasar-al-Duniya-wal-Akhirah'- loss of the both worlds.

While from all corners sex material are easily available, in such circumstances it is the cardinal responsibility of Ulama that they should pay attention and discuss the topic of sex under the guidance of Islam. We also request to all the responsible, especially the Parents, Educationist,

Media and Ministry of Education that Sex Education should be given in the Divine Light of religion to the children at the age of 12 to 16 years. It is hundred times better if youngsters learn the facts in Classroom, rather than behind the sheds destroying their health with unholy society. Children need to know the essential facts about sex before reaching their teenage years.

There is a difference of approach in between Muslim and non-Muslim societies regarding the philosophy of Sex. In non-Muslim Societies the only purpose of sexual contact is satisfaction. Islam is the only ideal Religion, which has termed sexual contact of husband and wife first as Nafil Ibadah and then love, devotion, affection, pleasure and fulfilment of desire.

3. Protocol of Zafaf (Wedding night):

A Hadith guide us in this regard: [4]

“Zafaf of Bride should be done at night and Walimah would be held in the next day”.

According to the Hadith available in “Da’aim ul Islam” it is proper to arrange Walimah next day after wedding night; the second day is a matter of custom, but thereafter it is hierocracy and show off. The Hadith guided that bridegroom should brought his bride to the home of her husband at night for Zaf’af (the first night after marriage), and give a feast on the next day. A Hadith explained the significance of sexual reunion and reward of awaking at night as follows:

“You should not remain awake at night except for three purposes: [5]

- 1. Reading the Qur’an or offering the Salaat*
- 2. Seeking Knowledge*
- 3. With wife for sexual reunion”*

Men as well as women are very much interested about their wedding day as compared to other days. And I am sure no other night can bring more joy, though blended with fear and anxiety, than their marriage night. Saheb al Shariah advises us some acts to do and warns not to indulge in misdeeds. For the encouragement, and interest of marriage among believers, Qur'an says: [6]

“And of His signs is that He has created of yourselves, spouses for you that you might rest [repose] in them, and He has set love and mercy between you. Surely in that are signs for a people who consider.”

Qur’an says: [7]

“Marry the spouseless among you, and your slaves and handmaidens who are virtuous; if they are poor, Allah will enrich them with His bounty; Allah is All-embracing, All-knowing. And let those who find not the means to marry be abstinent till Allah enriches them with His bounty.”

Rasulullah (S) guided: [8]

“He who desires to meet Allah in a state of piousness and purity should remain satisfied with a spouse.”

Rasulullah (S) further explained: [9]

“He, who wishes to follow my character, should abide to my practices (Sunnah), and marriage is one of my Sunnah”.

He also informed: [10]

“When a man marries in his prime youth, the Shait’an, cries out repeatedly and yells that, “This man has protected two-thirds of his religion from me”, and let him fear Allah in his remaining third of life by doing good deeds”

Ali informed: [11]

Whenever any of the Ash’ab married, Rasulullah(S) used to say: *“Kamula Dinuhu”*- his Deen has been completed. Ali has transmitted an account as follow: [12]

Once Usm’an bin Mazun came in the presence of Rasulullah (S) and submitted: ‘O Rasulullah (S), my inner voice has overwhelmed me with certain thoughts, but I will not take any action without seeking direction from you first.’ Rasulullah (S) asked:

“And what is it that your soul urges you, O Usm’an?”

He answered: ‘I am thinking of discontinuing marital relations with my wife Khawla.’ Rasulullah (S) guided:

“Do not do so, O Usm’an! Verily, when a faithful one takes his wife by his hands, Allah records ten good deeds to his credit and erases ten misdeeds; and if he kisses her, Allah gives him credit for one hundred good-deeds and erases his one hundred misdeeds; and when he performs reunion with her, Allah gives him credit of one thousand good deeds and erases a thousand misdeeds. Moreover Malaek (angles) visit the couple. Above all when that couple takes the Ghusul al Jan’abat (ritual bath), for every drop of water that drops from their hairs, Allah records one good deed for them and erases their one misdeed. If the couple takes the bath in a cold night, Allah tells His Malaek, ‘Observe this couple, they are taking bath in a cold night, having knowledge that I am their Lord. I bid you to bear witness that I have pardoned their sins’, and if conception occurs that night, then their child will become a source of comfort for their mind and coolness of their eyes and will be obedient to them in the Jannah”.

Then Rasulullah (S) placed his hand on the chest of Usm’an and directed him:

“O Usm’an! Do not turn away from my Sunnah; verily he who will turn his face away from my Sunnah will be met by Malaek on the Day of Qay’amah who will turn his face away from Hauzil Kausar & Salsabil.

Rasulullah (S) said: [13]

“When a faithful man approaches his faithful wife for the reunion, two Malaek will enclose him, and then he is like one who draws his sword for the cause of Allah. And when he is free from her after the reunion, his sins are purged off, just as the leaves fall from a tree in autumn; and when he performs bath, he is absolved off all sins.”

A Hadith says: [14]

“As the faith of man in Allah increases, love for his wife increases equally.”

He said: [15]

“Allah has conferred three unique favors to His Anbiya , which are their Sunnah and to act accordingly is commendable:

1: Attar (to wear fragrance)

2: Siw’ak (tooth-stick; cleaning the teeth with Misw’ak)

3: Ziw’aj (spending marital life)

Abi Abdillah Imam Ja'far Assadiq said: [16]

When bride comes to you, tell her relatives that she should be ritually pure, and you too should be in the same condition. He said: [17]

“Let a man prepare himself to go to his wife as he desires her to prepare herself for him”.

Thus he referred to the cleanliness of both the partners.

Rasulullah (S) has bestowed a Dua as a Divine Gift to the newly married couple, if they are desirous of Barakah, should recite this Dua. When a bridegroom brought his bride at home, they offer two Rak'at of Sal'at al Sukr/Qaza il Hawaii after Wuzu and husband place his right hand on the forehead of his wife and recite as follows: [18]

“Allahumma Barikli Fi Ahli Wa Bariklahi Fiya, Wama Jam’ata Baeinana F’ajma Baenana Fi Khairin Wa Yumnin Wa Barakatin, Wa Iza J’altaha Furqatan Fajalha Furqatan Ila Kulle Khairin. Alhamdulillah Lazi Hada Zallati, Wa Aghna Faqri, Wa N’asha Khumuli, Wa Aizza Zillati Wa Aw’aelati, Wa Zawwaja Ghurbati, Wa Akhdama Mehnati, Wa Aanasa Wahshati, Wa Rafa Khasisati, Hamdan Kasiran Tyeban Mubarakan, Ala Ma Ateta Ya Rabbi Wa Ala ma Qasamta Wa Ala Ma ‘Akramta”

“O Allah ! Make my wife auspicious for me, and make me auspicious for her. As you have united us, unite us in goodness, success and blessing. Hamd & praise to Allah Who has guided me rightly when I was on the wrong path; Who has brought me towards prosperity from poverty; has given me fame from my normal position; has given honour to me in my imperfect condition; given protection to my family; coupled my celibacy with marital life; given supporter for my assistance; has made my loneliness entertaining; and removed my irreverence (removed my nine difficulties and given me nine comforts). O Allah, I thank you liberally earnestly invoking Your blessing for what You have conferred benevolence for us what You have deemed to be my portion to honor me.”

Then bride groom remove his hand from the forehead of his bride and recite:

“Al Hamdulillahi Rabbil Aalamin, Allahumma Salle Aala Syedyna Muhammadin wa Aala Aale Syedyna Muhammadin Kama Sallaiyta wa Sallamta Aala Ibrahima wa Aala Aale Ibrahima Innaka Hamidun Majid, Allahhummar zuqni ilfahaa wa Wuddaha wa Rizahabe Warzuqha Zalika Minni, Wajma Bainana be Ahsanijtamain wa Aymani Aitilafin, Fainnaka Tuhibb ul Halala wa Takrahul Harama wal Khilafa”

“Hamd for Allah who is Lord of the both worlds, Salawaat of Allah upon Muhammad and his progeny as he sent for Ibrahim and his progeny he is the loftiest and great. O Allah, Make my wife auspicious for me, and make me auspicious for her. As you have united us, unite us in kindness, success, and blessing, and when you separate us, separate us in fairness.”

Aamin should be say by bride on the above Dua of bridegroom.

It is the generosity of the Imam Jafar Assadiq that he bestowed a valuable Dua for the benefits and betterment of the married couple before the sexual reunion. One, who recites this Dua prior to sexual reunion, will get the benefits. If it is not possible to recite this Dua then at least recite *“Bismillahir Rehmannir Rahim”*.

The Imam warned: [19] If you do not mention name of Allah while penetrating, Shait’an will push his penis in alongside yours and will take part in the foetus.

“Allahumma In Qazaita Minni Alyuma Khalfan (Khalqan) Fajallhu Laka Khalisan, Wala Taj’al Lil Shaitani Fihey Shirkan, Wala Hazzan Wala Nasiban, Wajalhu Zakiyan Wala Taj’al Fi Khalqihi Naqsan Wala Ziadatan, Wajalhu ila Khairi Aqibatin”

“O Allah. If you have decreed a successor to follow me, then let him be sincere to You in Im’an and do not give Shait’an any share, or interest, or portion; more or less in him; and make my child clean and pure (pious) and of good nourishment and etiquettes; and do not create in him any deficiency or superfluity in his creation and make his end happy.”

5. Manner of Private Pleasure on the wedding night:

On Lailat al Zafaf, when couple is alone, husband is normally very anxious for Sexual Reunion. Sometime wife is suffering from menses and she also informs her husband, but he does not care. It is totally Har’am to establish sexual relationship during menses period, according to the very clear injunction available in Surah al Baqarah. [20] If husband approaches his wife and she become pregnant during menses it is feared that child born with leprosy. Sexual reunion is allowed only when wife takes bath after completing period of menses. Rasulullah (S) instructed to the bridegroom that every one of you should prepare for bride in the same way as you want that your wife should be ready for you. Imam Muhammad al Baqir says: [21]

“By preparation means Taharah”.

Rasulullah (S) instructed Amir al Muminin Ali as follows: [22]

“O Ali! Do not offer dairy products, vinegar, apple and coriander to bride at least seven days”

Ali asked the reason; which Rasulullah (S) explained: [23]

“Due to use of these specific food women become infertile, she become incapable to conceive”

For if she menstruates after consuming vinegar she will never be entirely clean (from her menstruation, i.e. she will continue to experience minor bleeding outside her normal monthly period. And coriander will intensify the bleeding of her menstruation inside her, and aggravate her labor if she were to give birth. And the sour apple would stop her menstruation bleeding which would be an illness for her . . .”

6. Shariah injunctions which spouses should observed during Private Pleasure:

A few recommendations reach us through the Traditions of the Ahl al Bait especially from Imam Jafar Assadiq, as follows: [24]

(1) It would be a cause of an Abortion if sexual reunion is done under the Sun.

- (2) It would be a cause of an Abortion if sexual reunion is done on the 1st, 15th and last 3 nights of every Muslim month. Even if a child is born, he/she would be foolish, lunatic or would suffer from Epilepsy. Don't you see that one, who suffers from epilepsy, suffers from its attack in the beginning, middle or last days of the month?
- (3) If talking is done during sexual reunion, it is feared that a deaf child would be born. This is also one of the causes of dumbness
- (4) If during sexual reunion husband looks on the vagina and the wife looks on the penis of her husband, it is feared that the child born would be blind.
- (5) No sexual reunion should be done during the time of Azaan and Iqamat, because if sperm foretells, the child would be criminal, murderer and spiteful or malignant.
- (6) If there is pregnancy on account of the sexual reunion being done right before sun, the issue would remain poor till death.
- (7) No sexual reunion should be done on the night of Eid ul Fitar, because due to pregnancy, the issue would be a great sinner and prone to vices.
- (8) No sexual reunion should be done on the night of Eid ul Adha because in case of pregnancy the child would be defective.
- (9) A man should not hurry in performing the sexual reunion. He should proceed slowly and indulge in the foreplay to satisfy his partner fully before reaching to orgasm.
- (10) Ali disapproved that a man should have sexual reunion while facing towards Kabah.
- (11) During sexual congress, if a man finds that he is about to ejaculate, he should not withdraw himself and allow the semen to fall outside. Rasulullah (S) said that such an act is a kind of secret burying of a child at its birth.
- (12) You should not indulge in sex when an infant is awake in the cradle.
- (13) Looking at a couple having sexual reunion leads to blindness.
- (14) You should not converse during sexual union; verily, this is the cause of dumbness.
- (15) Sexual reunion is disapproved from the early dawn to the rising of the sun; from the setting of the sun to the end of the twilight.
- (16) You should refrain from sexual congress during the night when there is lunar eclipse; during the day when there is solar eclipse; during the day or the night when an earthquake takes place; during the times of cyclone, floods or any natural calamity. Imam Muhammad al Baqir said: 'when a believer refrains from doing reunion during these periods, he will be blessed with children who will make him happy.'
- (17) You should not indulge in sodomy (anal reunion) with wife.
- (18) You should not share the same towel with your spouse after taking bath.
- (19) Abstain from having sexual reunion on Wednesday night, if conception occurs in it, the child will be tyrant or its helper.
- (20) Keep yourself away from the sexual activity on Sunday night, if conception occurs, the child will be fool and stupid.

(21) It is highly recommendable to have sexual union on Monday night. If conception occurs, the child will be noble and obedient.

(22) On doing sexual union on Tuesday night, the child thus conceived will be chaste, generous and pure hearted.

(23) It is rather good to have sexual reunion on Thursday night. If conception occurs, the child will be learned and wise.

(24) It is best to have sexual union on Friday night, if conception takes place, the child will be pious and virtuous.

(25) It is recommended that couple should pass urine as soon as they are free from sexual union, it would protect them from urinal track diseases.

(26) 70% Virgin girls does not bleed on having sex for the first time or first night of wedding, as it is not necessary that she bleeds. It has been medically proved and this happens naturally. Men have this misconception that if a girl does not bleed she is not Virgin. Due to this several times marriages have been broken. Men think that she has been slept with other men and this is Tuhmat and vilify according to the Law of Islam.

7. When sexual reunion should be avoided:

Imam Muhammad al Baqir has instructed in clear terms that No sexual reunion should be done on four nights in a year. Child would be born defective if pregnancy took place on these nights, so these days and nights are not recommended for Sex: [25]

Night of 1st Rajab

Night of 15th Shab'an

Night of 1st Shaww'al, Eid al Fitar

Night of 10th Zilhajjah, Eid al Azha.

Sexual Reunion is not allowed during the post-natal bleeding period (40 days).

Sexual Reunion is not allowed during menses. It is totally prohibited by the Shariah.

Sexual Reunion is not allowed during day time in Ramaz'an, because of the Siy'am.

Sexual Reunion is not allowed when a person is in Ahr'am during Haj or Umrah.

Sexual Reunion is not allowed during frightful natural occurrences, eclipse, hurricane, earthquake, flash of lightening.

Sexual Reunion is not allowed from Sunset till Maghrib.

Sexual Reunion is not allowed from dawn till sunrise.

If one should not follow the injunctions it is possible deformity of a child conceived at that time.

8. Manners of Sexual Reunion prescribed by Islam:

Husband should never forget that Allah has created his wife with the same desire. Asbagh bin Nubatah has transmitted from Amir al Muminin, Ali Ibn Abi Talib : [26]

"Allah has created sexual desires in ten parts of the human body and conferred nine of them to the women and one to men. Allah also conferred a part of Haya to women and very often husband ignores the desire of his wife on account of her Haya"

Amir al Muminin, Ali has clarified that when you feel sexual desire, do not make haste in fulfilment; because a wife, too, has sex desire (which must be fulfilled).

Rasulullah(S) declared unpleasant act to discuss sexual experience of husband and wife amongst their friends. This evil practice exists and after first night often girls ask from bride and boys asks from bride grooms their experience. It has nothing to do with others. Rasulallah (S) declared this practice as a practice of shameless and illiterate and showed his displeasure's. Rasulallah (S) says: [27]

"In Qiyamah, that person holds the worst position near Allah who discussed and spread the secrets of his wife regarding Sexual Relation."

This Law is applying equally upon the woman too. It is unlawful for them to speak to others about (or otherwise mention) anything that happened between them in intimacy. Rasulallah (S) clearly warned: [28]

"Among those who will be in the worst position in Allah's sight on the Day of Resurrection is the man who has intercourse with his wife, and she with him, and then he spreads her secret."

To set the pleasant mood, little signals should begin well in advance, so that the wife has a clue as to what is coming, and is pleasantly expectant. As regards intimacy itself, all men know that they can not achieve sexual fulfilment if they are not aroused. They should also realise that it is actually harmful and painful for the female organs to be used for sex without proper preparation. In simple biological terms, the woman's private parts need a kind of natural lubrication prior to foreplay takes place. For this, Allah has created special glands, which provide the necessary 'lubricant'. Just as no one would dream of trying to run an engine without the correct lubricating fluids, it is the same, through the creative will of Allah, with the parts of female body, designed for sexual intimacy. Imam Jafar Assadiq elucidating this guidance further explained that equal sex desire between the husband and wife is the best sex act. A Hadith guide as follows: [29]

"When any of you goes to his wife, then he should not make haste and should not go to them like birds, (that he should not discharge before the fulfilment of his wife's desire, but as far as possible he should delay it) and when he lies with his wife on bed, he should make the act completely".

A Hadith says: [30]

"One who does sexual reunion with his wife, he should not do it like a cock (birds); but first of all he should stimulate her by lovely taking, kissing and touching as foreplay and after that he should start sexual reunion".

There is another Hadith in "Wasail": [31]

“None of you should do sex act with your wife like an animal, but should play sex game with a messenger. At that moment he should keep a messenger between him and his wife”.

When it was asked as to what was meant by a ‘messenger’, Rasulullah (S) explained: [32]

“It meant lovely talks and touches and kisses”

Kisses and sweet wordings do not just include foreplay once intimacy has commenced. To set the right mood, little signals should begin well in advance, so that the wife has a clue as to what is coming, and is pleasantly ready. “Zabidi” added: [33] This should include not only the cheeks and lips; and then he should caress the breast and nipples and every part of her body.

9. Why Ghusul (bath) is compulsory after sexual reunion?

Writer of “Sharae al Islam” gives a medical advice that after sexual Reunion, couple should discharge urine; otherwise they will suffer with urinal diseases [34]. It is also recommended that instead of cold water, hot water should be used, because it prevents paralysis.

Without taking bath one should not take food because in Junub (the condition in which bath is Wajib) it decrease the Barakah and deprives of Rehmah. The one, who drinks water soon after the Sexual Reunion, invites disease of Asthma.

Without taking bath, after sexual pleasure, one can not read the Qur’an nor offer ibadah. Husband and wife should take care that they dry their bodies with separate towels. If both of them would dry their bodies with single towel, hatred would develop which lead separation and enmity would establish between both of them.

The medical reason of bath after sexual reunion is that during foreplay circulation of blood reach its peak due to which impurities discharged on account of an increased movement of the body. Other poisonous elements are also released through pores of the body. If in such a condition the skin is not cleaned through bath, then the pores of the body remain block and other impurities could not discharged through secretions therefore impurities remain in blood and it creates other diseases e.g. pain in joints, stomach trouble and cough. Ignoring bath after reunion is an open invitation to diseases. We conclude our discussion on the following Hadith:

[35]

“Indeed women (wives) are source of Sakun-pleasure, do benefit from them”

Short Notes & Select Bibliography:

[1] Hadith Literature

[2] Surah At-Tariq-86, Ayah 6-7

[3] Surah al Baqarah 2, Ayah 222

[4] 1-“Kitab al Yanbu Fil Fiqah”, Syedna Qazi an Nauman, vol II, manuscript; 2-“Wasail”, Vol. 14, p. 62, Iran

- [5] *“Da’aim al Islam”, Al Dukhul bil Nisa wa Muasharatunna, Syedna Qazi an Nauman, volume II, Qahera*
- [6] *Surah Ar Rum-30, Ayah 21*
- [7] *Surah An-Noor- 24, Ayah 32-3*
- [8] *Hadith*
- [9] *Hadith*
- [10] *Hadith*
- [11] *“Da’aim ul Islam”, Kitab an Nikah, vol. II, Syedna Qazi an Nauman, Qahera*
- [12] *Ibid*
- [13] *Hadith*
- [14] *Hadith*
- [15] *Hadith*
- [16] *“Da’aim ul Islam”, Al Dukhul bin Nisa, Syedna Qazi an Nauman, vol. II, Qahera*
- [17] *Ibid*
- [18] *Ibid*
- [19] *Ibid*
- [20] *Surah al Baqarah,*
- [21] *Imam Muhammad al Baqir says preparation means Taharah*
- [22] *Harmful food for bride*
- [23] *Ibid*
- [24] *“Hulyat al Muttaqin”, Muhammad Baqir al Majlisi, Chapter IV, Iran*
- [Additional Note on point 9] *Imam Sadiq instructed: “One of you may have sex with his wife and satisfy his desires, but without her reaching the climax of sexual excitement and satisfaction. This could leave her in a state that if she comes across even a slave she would cling to him (to satisfy her sexual need). Therefore if you were to make love with your wife, make sure there is mutual foreplay, for it is better and more pleasant for this lovemaking.”*
- [25] *Traditions transmitted from Abi Jafar Imam Muhammad al Baqir*
- [26] *“Wasail”, Vol. 14, p. 40, Qum, Iran*
- [27] *“Sahih Muslim”, vol 4, Kitab un Nikah, Baab Tehrim Afshaa Sirril Miraat*
- [28] *Muslim*
- [29] *“Da’aim ul Islam”, Vol. II, Syedna Qazi an Nauman, Qahera*
- [30] *“Al Jameu Lil Sharae”, Hulli; Wasail, vol. 14, p.40*
- [31] *“Wasail”*
- [32] *1-“Tehzib ul Ihya”, Vol. 3, p. 110, Qum, Iran; ;2- “Zabidi, 3-“Ithaf al Sada al Muttaqin”,V,372;4-“Daylami”*
- [33] *“Zabidi”, Muhammad ibn Muhammad ibn Muhammad ibn ‘Abdul Razzaq al-Husayni al-Zabidi, Abul Fayd and is widely known as Murtada al-Zabidi. [1145-1205 AH/ 1732-1790 CE] lexicographer, linguist, a grandmaster in Hadith, genealogy, biographies and personal histories [Hadith, Ansab, Rijal]. He was a prolific writer. Apart from Arabic, he was proficient in Turkish, Persian and a language of Karaj.*
- [34] *“Sharae ul Islam”,*
- [35] *Hadith*

[Additional Note] In Islamic terminology a 'day' ends with the sunset and at the same time the following 'day' begins. As opposed to the system that has currently become known and dominant where a 'day' starts at 00:00, i.e. midnight. So under this current system a 'day' consists of a dark part –from midnight 00:00 to sunrise, the daylight part – from sunrise to sunset, and the second dark part from sunset to midnight 00:00. In the Islamic terminology a 'day' consists of two parts – the dark part and daylight part. The 'day' starts with the dark part – eve or night – which is from Maghreb to Fajr, and the daylight part, which is from Fajr to Maghreb. So the Eve of Friday starts when the sun sets on Thursday. In other words Thursday ends when the sun sets, while at the same time Friday begins, starting with its eve.

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